

# AorticAneurysm.org

## Aortic Aneurysm Patient Resource Guide

**We recommend printing this resource guide and providing a completed copy to your healthcare provider.**

**Remember to keep your health records private.**

- The Aortic Aneurysm Patient Resource Guide is meant to be an informative tool for patients and healthcare providers.
- Answering these important medical questions allows you to take charge of your own health and learn more about your personal risk factors for developing an aortic aneurysm. The medical information you provide on this worksheet about your medical history and risks for developing an aortic aneurysm will be valuable for your healthcare providers.
- The Aortic Aneurysm Resource Guide is not intended for self-diagnosis and only your healthcare provider can determine your risk for developing an aortic aneurysm and recommend appropriate screening testing and treatments.
- The information you provide as part of this patient resource guide is private and should only be shared with your physician and healthcare team after giving them specific written permission. For more information, please refer to <http://www.hhs.gov/ocr/privacy/>
- For additional information please visit <http://www.aorticaneurysm.org>
- For questions contact: Dr. Grayson Wheatley  
email: [grayson.wheatley@tuhs.temple.edu](mailto:grayson.wheatley@tuhs.temple.edu)  
Phone: (267) 671-2667

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### INTRODUCTION

FIRST NAME: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ GENDER: (Circle one: MALE / FEMALE)

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

TELEPHONE #1: \_\_\_\_(\_\_\_\_)\_\_\_\_\_-\_\_\_\_\_ (HOME)

TELEPHONE #2: \_\_\_\_(\_\_\_\_)\_\_\_\_\_-\_\_\_\_\_ (CELL)

TELEPHONE #3: \_\_\_\_(\_\_\_\_)\_\_\_\_\_-\_\_\_\_\_ (WORK)

YOUR PREFERRED CONTACT TELEPHONE is (Circle one: HOME / CELL / WORK )

E-MAIL: \_\_\_\_\_

Do you mind receiving periodic emails from your healthcare team? (Circle one: YES or NO )

WERE YOU REFERRED BY A PHYSICIAN? ( Circle one: YES or NO )

REFERRING PHYSICIAN'S NAME, ADDRESS, AND TELEPHONE NUMBER:

\_\_\_\_\_

\_\_\_\_\_

HOW DID YOU LEARN ABOUT OUR PRACTICE? \_\_\_\_\_

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### RISK FACTORS

#### HIGH BLOOD PRESSURE

HAVE YOU EVER BEEN DIAGNOSED WITH HIGH BLOOD PRESSURE? ( YES / NO )

DO YOU CURRENTLY TAKE ANY BLOOD PRESSURE MEDICATIONS? ( YES / NO )

PLEASE LIST THE BLOOD PRESSURE MEDICATIONS YOU ARE TAKING:

1. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_
2. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_
3. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_
4. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_
5. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

#### ELEVATED BLOOD CHOLESTEROL

HAVE YOU EVER BEEN DIAGNOSED WITH HIGH CHOLESTEROL? ( YES / NO )

DO YOU CURRENTLY TAKE ANY CHOLESTEROL MEDICATIONS? ( YES / NO )

PLEASE LIST THE CHOLESTEROL RELATED MEDICATIONS YOU ARE TAKING:

1. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_
2. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_
3. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

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### RISK FACTORS

#### DIABETES

HAVE YOU EVER BEEN DIAGNOSED WITH DIABETES? ( YES / NO )

DO YOU MANAGE YOUR DIABETES WITH DIET? ( YES / NO )

DO YOU CURRENTLY TAKE ANY MEDICATIONS FOR DIABETES? ( YES / NO )

PLEASE LIST THE DIABETES-RELATED MEDICATIONS YOU ARE TAKING:

1. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

2. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

3. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

4. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

5. Name: \_\_\_\_\_ Dosage: \_\_\_\_\_ Frequency: \_\_\_\_\_

#### SMOKING

DO YOU CURRENTLY SMOKE? ( YES / NO )

HOW MANY PACKS PER DAY? \_\_\_\_\_ HOW MANY YEARS? \_\_\_\_\_

HAVE YOU EVER SMOKED IN THE PAST? ( YES / NO )

HOW MANY PACKS PER DAY? \_\_\_\_\_ HOW MANY YEARS? \_\_\_\_\_

WHAT YEAR DID YOU QUIT? \_\_\_\_\_

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### RISK FACTORS

#### HEIGHT AND WEIGHT

WHAT IS YOUR CURRENT HEIGHT? \_\_\_\_\_ FT \_\_\_\_\_ INCHES

WHAT IS YOUR CURRENT WEIGHT? \_\_\_\_\_ LBS

#### CONNECTIVE TISSUE DISORDER

HAVE YOU EVER BEEN DIAGNOSED WITH A CONNECTIVE TISSUE DISORDER?

(For example Marfan's Syndrome) ( YES / NO )

WHAT YEAR WERE YOU DIAGNOSED? \_\_\_\_\_

WHAT IS YOUR DIAGNOSIS? \_\_\_\_\_

#### FAMILY HISTORY OF AORTIC ANEURYSMS

HAS ANYONE IN YOUR FAMILY EVER BEEN DIAGNOSED WITH AN AORTIC

ANEURYSM? ( YES / NO )

WHICH RELATIVES? \_\_\_\_\_

\_\_\_\_\_

HAS ANYONE IN YOUR FAMILY EVER DIED FROM AN AORTIC ANEURYSM?

( YES / NO )

WHAT TYPE OF ANEURYSM? \_\_\_\_\_

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### RISK FACTORS

#### TRAUMA

HAVE YOU EVER BEEN INVOLVED IN A TRAUMATIC ACCIDENT? ( YES / NO )

WHAT TYPE OF TRAUMA? \_\_\_\_\_

WHAT YEAR DID THE TRAUMA OCCUR? \_\_\_\_\_

WHAT INJURIES DID YOU EXPERIENCE? \_\_\_\_\_

#### PREVIOUS AORTIC ANEURYSMS

HAVE YOU BEEN SCREENED FOR AN AORTIC ANEURYSM? ( YES / NO ) YEAR \_\_\_\_\_

HAVE YOU BEEN DIAGNOSED WITH AN AORTIC ANEURYSM? ( YES/NO ) YEAR \_\_\_\_\_

WHAT TYPE(S) OF AORTIC ANEURYSM(S) WERE YOU DIAGNOSED WITH?

HAVE YOU HAD SURGERY FOR AN AORTIC ANEURYSM? ( YES / NO )

LIST THE SURGERIES:

1. Procedure: \_\_\_\_\_ Year: \_\_\_\_\_

2. Procedure: \_\_\_\_\_ Year: \_\_\_\_\_

3. Procedure: \_\_\_\_\_ Year: \_\_\_\_\_